October Lunch 2022

Age 60+ suggested donation \$4 breakfast, \$5 lunch, \$5 dinner. Under 60 charges of \$5 breakfast, \$8.50 lunch. All meals include bread & milk

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------|--------------------------|----------------------------|-----------------------------|--------------------------|
| 3.Hamburger Stroganoff | 4.Breaded Chicken Breast | 5.Pork Roast | 6.Chicken Noodle Soup | 7. Lasagna |
| Onions & mushrooms | Stuffing | Mashed Potatoes & Gravy | w/vegetables | Broccoli |
| Rice | Coleslaw | Squash | Crackers | Carrots |
| Corn 3-Bean Salad | Monte Carlo Vegetable | Roasted Brussel Sprouts | Egg Salad on Croissant w/ | Garlic Bread |
| Raspberry Flip | Sm. Croissant | Jell-o w/fruit | Lettuce Leaf | Pears |
| Milk | Apple Fritter | Marble Rye Bread | Fluffy Fruit Salad | Frosted Brownie |
| 10.Spaghetti w/meatballs | 11.Meatloaf | 12.Cream Chicken | 13. | 14.Shredded Pork w/ |
| Spinach/Strawberry Salad | Mashed Potatoes & Gravy | Biscuit | | BBQ Sauce |
| Green Beans | Stewed Tomatoes | Peas | COOK'S CHOICE | Ciabatta Bun |
| Garlic Bread | Carrots | Cranberries | | French Fries |
| Grapes | Strawberry Shortcake | Mandarin Oranges | | Baked Beans Apple Slices |
| Lemon Pudding | w/Whipping Cream | Chocolate Chip Cookie | | Sugared Donut |
| 17.Chicken Kiev | 18.Breaded Pork Chop | 19.Baked Fish | 20.Busy Day Soup | 21.Stuffed Green Pepper— |
| Rice Pilaf w/vegetables | Baked Sweet Potato | Sweet Potato Tots | Roast Beef on 9 Grain Bread | Casserole |
| Winter Blend Vegetables | Mixed Vegetables | Coleslaw | Crackers | Romaine Mandarin Salad |
| Peaches | 3-Bean Salad | Cauliflower w/cheese sauce | Pickles | Garlic Bread |
| Pound Cake w/Blueberries | Cook's Choice Cookie | Sm. Croissant | Yogurt w/fruit & granola | Lemon Bars |
| & Whipped Cream | Roll | Pumpkin Crisp | Raw Veggies & Dip | |
| 24.Meatballs | 25.Orange Chicken | 26. | 27.Cream of Chicken Wild | 28.Beef Stew w/potatoes |
| Mashed Potatoes & Gravy | Rice | | Rice Soup w/vegetables | Rutabaga, diced squash, |
| Buttered Corn | Oriental Vegetables | COOK'S CHOICE | Crackers | Carrots, beans & peas |
| Carrots | Egg Roll w/Sweet & Sour | | Ham Salad on Kaiser Roll | Biscuit w/honey |
| Pineapple Tidbits | Fortune Cookie | | Blueberry Fluff | Cottage Cheese w/Peach |
| | Apple Crisp | | | Blueberry Cobbler Muffin |
| 31.Salisbury Steak w/onions | | | Menu subject to change | _ |
| & Mushrooms | | | Due to the availability | |
| Mashed Potatoes | | | of Product | |
| Monte Carlo Vegetables | | | orroduct | |
| 3-Bean Salad | | | | |
| Peanutbutter Cookie | | | | |

For Reservations Call- Stone Lake: (715) 865-2025 Winter & Exeland: (715) 943-2990 Hayward/Spider Lake/Vets Center: (715) 634-4680. Alternative meals are available upon request. Please contact site manager at least one day in advance.