

Your Direction for Services, Activities and Events of Interest for Residents Age 60 and Over

Executive Director News



By Linda Hand

Thank you to everyone who participated in the Senior Resource Center March for Meals Celebrations throughout Sawyer County. These are part of a national movement, headed up by Meals on Wheels America, each year during March. These events showcase the importance of the programs that are provided to Sawyer County older

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Water's Edge — Welcoming and Warm



Ladies at Water's Edge enjoy time together talking and getting to know each other. L to R: Bernadette Fisher, Pat Clough, Marketing Director Cherie Morgan, Marge Vrtis and Dorothy Crandall. -Photo by Kathy Hanson.

*By Kathy Hanson
Compass Writer*

A visit with four tenants who live in Water's Edge felt like a coffee date with my favorite aunts.

We sat at a round table just off the dining room, near the fireplace and a long row of windows that showcased the bright sun trying in earnest to melt the snow.

Bernadette Fisher, 88 and from Eau Claire, has lived there for 2 ½ years; Pat Clough, 85 and from Hayward, has lived there since last October, after waiting for a year and a half to make it to the top of the list; Marge Vrtis, 94 and from Cable, has lived there five months; and Dorothy Crandall, 94 and from Michigan, has also lived there for five months.

When I asked what they liked about their assisted living res-

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What's Up in this Edition:



March for Meals..... Page 18 & 19

Caregiver News Page 15

May/June Menus Pages 8, 9, 12 & 13

Senior Center News..... Pages 3, 4 & 5

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adults 60+ and their caregivers, highlighting our nutrition senior meal sites and Meals on Wheels deliveries to the homebound.

In 2017, the Senior Resource Center served 20,311 congregate meals. These meals were served at our meal sites in Hayward, Stone Lake, Winter, Exeland, Spider Lake, and the Hayward Community Veteran's Center. In addition, Our Meals on Wheels drivers delivered 17,048 meals to the homebound. These volunteers are the eyes and ears of our isolated older adults in Sawyer County. That means that for each meal, the driver drove to their home, got out of the car, opened a container either hot or cold, and took out the meal items needed. They took temperature recordings for food safety, carried the meal to the door, knocked, and waited for it to be opened or were called in. In some instances, they set up a tv tray, opened a can of dog food, or brought in the mail, but in all cases, they talked and listened to the recipients making sure they were okay. The driver was looking for anything unusual such as the smell of gas, no heat, slurring speech, drooping face, confusion, tripping hazards, bruises, and unfamiliar people hanging out in the house that should not be there. If there were concerns, they followed up with the site manager to call family or friends and in emergency situations called 911.

The Senior Resource Center provided 37,359 meals to older adults in Sawyer County that would possibly have not

eaten anything else that day or have human contact that day, week or month. Also, in 2017 as part of a pilot project with the State of WI, the Timber Grill Senior Outreach events and open houses served approximately 500 additional meals in Sawyer County, in areas not being served by our meal programs.

This is data of Sawyer County: By 2040 it is estimated that 40.1-51% of the population will be 60 and older. Our current 60+ population is approximately 6000 and it is estimated to be over 8500 by 2030. (WI Department of Health Services). We are currently working with the Sawyer County Health Department and Hayward Area Memorial Hospital in hopes that they will choose "Seniors" as a focus for their Community Health Assessments in the coming years. Aging is a condition that will affect every resident of Sawyer County. It may be that you will start by being a caregiver needing assistance and eventually as we, ourselves age, we will be needing some type of programming that can keep us in our homes for as long as possible. Our focus includes, but is not limited to, Nutrition, Transitional Care, Home Safety, Long Term Care Crisis, Dementia, Outreach to Rural/Isolated Areas, and Wellness/Prevention Programs.

Each year, the Senior Resource Center is required to perform a Nutrition Program Satisfaction Survey, of all participants and encourage community input.



In 2017 the results showed the following with Home Delivered Participants=HD and Senior Dining at Sites=SD.

- 79% of HD and 74% of SD participants said that the meal provided half or more of their total daily intake!
- Almost half (42%) of the HD & 30% SD participants said they would NOT have at least one, hot, freshly prepared meal per day without our meals.
- About 1 in 4 (22%) HD participants said there would be days they don't get enough to eat without our meals.
- 47% of HD and 27% of SD participants said the meals maintain or improve their chronic condition.
- 87% of HD and 80% of SD said they eat healthier.
- Almost half (47%) of HD and 27% SD say the meals and daily safety check help prevent or decrease unplanned clinic or hospital visits.

- 94% HD and 71% SD say the meal program improves their quality of life.
- When asked, on most days, is the Meals on Wheels driver the only person you see? Almost half, (41%), said yes!
- When asked the importance of having meals delivered in person offers: Safety/Security Check (51%), Link to Other Supports (36%), Someone to talk to (67%) which decreased loneliness & isolation.

We are always looking for volunteers to assist at our meals sites, deliver Meals on Wheels, and with our other senior programming. If you would be interested in applying, please contact the Senior Resource Center office at 715-634-3000. Thank you for your consideration and assistance in #fightinghunger and #fightingisolation in Sawyer County.



Exeland Center News

The Crossings Diner
715-943-2990



By Karen Skogen

Looking back to our March for Meals celebration on March 20, we see that it was a very enjoyable event. Nineteen Officials, Volunteers and Spouses plus others from the community enjoyed Bonnie's delicious chicken dinner with salad bar and also the door prizes that were selected by Ellyn.

Thank you for the strong support that our Center receives and for the many hours of volunteer time. Also, thank you to Carol and Carl Vierck for the birthday cakes that we enjoyed on their March/April birthdays.

LOOKING FORWARD:

Elder Benefits Specialist, Stacy Kolkind will be at the Exeland Center on the **SECOND TUESDAY** each month (May 8 & June 12) or you may contact her at the Aging & Disability Resource Center in Hayward.

Stop in for a visit or make an appointment, by calling 1-866-663-3607. The following are some of the items you might want to discuss with her:

- Maintaining your independence
- Choices for long-term care and related services
- Medicare and other health-related benefits
- Social Security benefits
- Support services and resources in your community

Our afternoons of Bingo have been very well received and will continue on the **FOURTH THURSDAY** each month beginning at approximately 12:45 p.m. with prizes for all. It is not required that you have lunch at the Center to play Bingo and socialize, just come, relax and have fun!

Tuesday Evening meals will begin May 1 and will continue until the end of October. Serving time is 5:30 p.m. and suggested donation amount is \$5.00 for persons age 60 and over. Tuesday salad bar is open for both lunch and dinner. If you choose to enjoy just the salad bar and not the full meal, you may go back for refills.

Nancy Kessler from the Exeland Center wishes to convey that her experience with "Life Choices; Palliative Care Program" has been very beneficial when in need of extra support because of medical issues. Their care includes but is not limited to Registered Nurse visit, 24/7 access to RN staff by phone, Medication Management, Coordination with local Primary Care Provider & Pharmacists, Home Health Aide, etc. For more information on their programs or to volunteer, please call 715-634-6433.

EXELAND MARCH FOR MEALS EVENT:

On Tuesday, March 20 the Exeland Senior Center hosted a March for Meals appreciation lunch for the volunteer drivers and the town and village board members from the surrounding areas. Chef Bonnie served a delicious lunch of chicken, rice pilaf or baked potato, salad bar, cake and ice cream. The board members attending included Ted Mataczynski – Town of Meadowbrook, Clarence & Sheila Frey – Town of Meteor, Pete & Joyce Boss, Cathy & Larry Thurman – Town of Murry, Betty Brown & Elaine Ploger – Town of Weirgor and Sue Kopras – Village of Exeland. The volunteer meals on wheels drivers attending included Robert Kessler, Bill & Linda Milner, Mike & Marsha Sampson and Dennis Welling.



Advisory Board Members – Ronald Freitag, Linda Milner, Karen Skogen, Lois Ladenthin



Sue Kopras, Clarence & Sheila Frey, Bonnie Klinger, Dave Vitcenda, Dennis Welling, Marcia & Mike Sampson, Betty Brown, Elaine Ploger.



Ronald Freitag, Ted Mataczynski, Larry Thorman, Pete Boss, Robert Kessler, Cathy Thorman, Joyce Boss. -Photos Submitted

Elder Benefit Specialist News



Introducing New Elder Benefit Specialist, Stacy Kolkind

Stacy Kolkind is the new EBS. She comes with years of experience helping children/families and elders with benefits of every type. Stacy has a Master's Degree in Human Behavior and is a Human Services Board Certified Practitioner (HS-BCP). She has experience working with public benefit programs including Medicare, Medical Assistance, Badger-Care+, MAPP, Social Security disability and Foodshare.

The EBS now works out of the Sawyer County offices of the Aging and Disability Resource Center of the North (ADRC-N). The ADRC-N is conveniently located in the lower level of the Sawyer County Courthouse.

Stacy has lived in the Hayward area for 16 years and calls it home. Her husband, Russ and son, Louie have three rescued dogs. Stacy enjoys working with the senior population and looks forward to doing outreach in the communities. Her goal is to help elders understand the

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Stone Lake Center News



The Cranberry Cafe 715-865-2025

*By Peggy Johnson
Stone Lake Senior Center Chef*

Will the snow every go away! As I am writing this there is more snow and colder weather predicted for the month of April. As they say; "April (snow) showers bring May flowers".

Some things to look forward to in Stone Lake starting Saturday, May 5. Everyone, especially children (so think of those grandkids or great-grandkids) are invited to the Wetland Park to plant a tree. You will get a plaque with your name on it by the tree. You are welcomed to stop and water and watch it grow. (In your absence they will be watered). What a neat thing to do with your grandchildren or great grandchildren or just a youth.

The annual Stone Lake Historical Society Spring Dinner will take place on May 6 at the Fire Department. The Historical Society Museum will open for the summer on May 25th.

Evening meals on Tuesday, May 15 are cancelled so that the Stone Lake Homemakers can have their annual Salad Supper.

Starting May 24th thru the summer months and into fall the Stone Lake Farmer's Market will be open for the season. There is always an abundance of

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www.ccbhousing.org



HAYWARD AARP® NEWS

The Hayward Chapter of AARP will hold the May meeting on Thursday, May 3, 2018 at the Senior Resource Center, upper level, at 15856 E. 5th St. Hayward. A board meeting will be at 1:00 pm, followed by a general membership meeting and refreshments. There will be a presentation by Regina Petty from the Citizens Climate Lobby at 1:30. This is a non-partisan group that advocates for carbon fee dividends to consumers of alternate sources of energy.

The June meeting will be on Thursday, June 7th, at 1:00 pm at the same location mentioned above. Following the board and general membership meetings refreshments will be served. At 1:30 pm, Mike Heim, professor at LCO college will present a program about local edible plants - where to find and how to use them. There will be sampling.

These programs are open to everyone. You need not be an AARP member to attend.

**Carol Alcoe can
be reached at:
715-634-0988**

Hayward Center News



By Sue Gold

Snow in April? Most of us have lived here long enough to have even seen snow in May! I am ready for spring. How about you? At the Senior Center we are making plans for spring no matter what the weather! On April 20th we will be celebrating Earth Day. On April 25th we will celebrate the April Birthdays. On April 29th is the Spring Social Mixer with music being provided by the Duluth Blue Water Big Band. It will be held from 2-5 PM. Adults are invited to come and mingle, dancing is encouraged, but not required. There is a \$5.00 cover charge for Hors-d'oeuvres and Desserts. A cash bar will be available. A Full Dinner Menu will be available at 5 PM. Come on out. You never know who you will meet!

May is a busy month! On May 8th there will be a bake sale. All donations will be very much appreciated. Our Mother's Day Celebration will be held on May 11th with a sundae bar. Then, on May 25th will be our Memorial Day Cookout with burgers and brats, potato salad and strawberry shortcake for dessert. YUM! May Birthdays will be celebrated on the 30th.

There are 2 important things happening in June. The first is our annual Father's Day celebration with root beer floats for the Dads. The second is that we start to prepare for Officer elections in July. If you have the desire to run for President,

Vice President, Secretary or Treasurer, please submit your name to the Advisory Board so that we can get your name on the ballot for the elections in July. Spring cleaning is happening. If you find any treasures that you can part with, please consider donating them to our Gift Shop. Betty Hutchinson does a fantastic job displaying everything, and it is all for sale!

Also, please remember to call before coming out to lunch. The lunches are becoming more popular and we are packed on Salad Bar Tuesdays! Please try to call prior to 9 AM. Your cooperation is much appreciated.

**HAPPY SPRING
EVERYONE!**

WALDO Center News



By Ruth Brad

We are moving steadily to our goal of MOVING! Our unexpected required addition of a grease trap for the kitchen has been approved by the state and now full

speed ahead. We HOPE to be in our new location on Highway 70 in Winter by the end of April but for sure by Spring Fling time, the 19th of May.

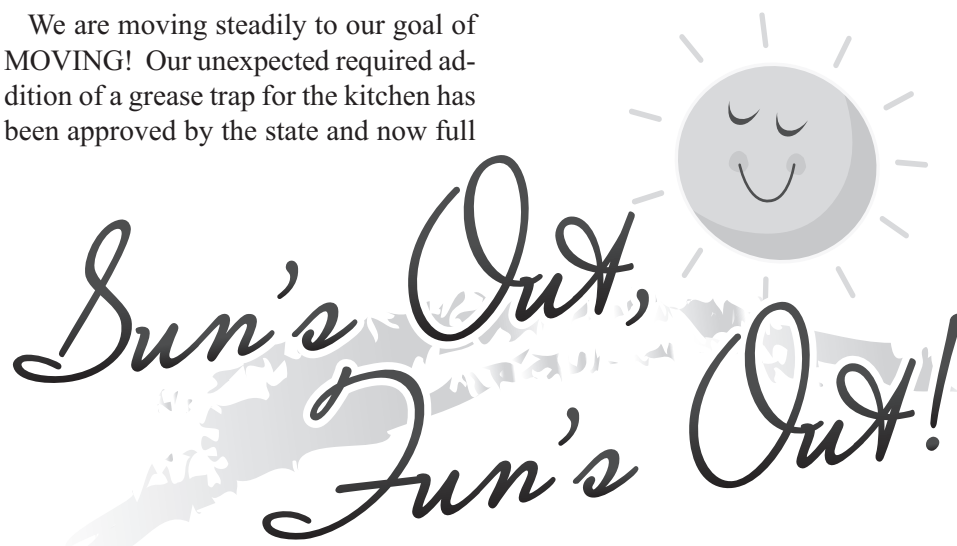
We are very grateful for all the generous donations of money and promises to help us move our physical items...which will be a large undertaking. But our new center will be much more spacious, bright and inviting. We will keep everyone informed of our timeframe.

For Easter the Winter/WALDO Center bunny delivered baskets filled with goodies to our area nursing home, Queen of Angels. Even the resident kitties received a basket with treats. We also delivered Easter treats to our Meals on Wheels folks. In spite of this never ending winter the center is cheerful and busy.

Currently the Winter Center staff has attended training on blood born pathogens and will attend a class on learning to use our new computers (thanks to a grant written by Linda Hand) and system. Not only a move to a new space but a new computer system. Cloud, here we come.

Our congregate meals are very well attended and our salad bar constantly receives kudos. We are proud of our meals and hope to keep growing. Hope to see you here soon.

Ruth, Sue and Ann



Sawyer County



VETERANS Service Office News



By Gary Elliott
Veterans' Service Officer

VA ANNOUNCES ROLLOUT AND APPLICATION PROCESS FOR NEW VETERANS ID CARD

The U.S. Department of Veterans Affairs (VA) announced that the application process for the national Veterans Identification Card (VIC) is now available for Veterans — yet another action honoring their service.

This has been mandated through legislation since 2015 to honor Veter-

ans, and today's rollout of the ID card fulfills that overdue promise.

Only those Veterans with honorable service will be able to apply for the ID card, which will provide proof of military service, and may be accepted by retailers in lieu of the standard DD-214 form to obtain promotional discounts and other services where offered to Veterans.

"The new Veterans Identification Card provides a safer and more convenient and efficient way for most Veterans to show proof of service," said VA Secretary Dr. David J. Shulkin. "With the card, Veterans with honorable service to our nation will no longer need to carry around their paper DD-214s to obtain Veteran discounts and other services."

The VIC provides a more portable

and secure alternative for those who served the minimum obligated time in service, but did not meet the retirement or medical discharge threshold. Veterans who served in the armed forces, including the reserve components, and who have a discharge of honorable or general (under honorable conditions) can request a VIC.

To request a VIC, Veterans must visit vets.gov, click on "Apply for Printed Veteran ID Card" on the bottom left of the page and sign in or create an account.

Veterans who apply for a card should receive it within 60 days and can check delivery status of their cards at vets.gov. A digital version of the VIC will be available online by mid-December.

STATE OF WISCONSIN DEPARTMENT OF TRANSPORTATION VETERAN IDENTIFIER

Your Wisconsin driver license may now include a veteran identifier. To get the veteran identifier on your driver license:

- Verify your eligibility with the Wisconsin Department of Veterans Affairs. Contact the Veterans Benefits Resource Center at 1-800-WIS-VETS or VetExpress.

OR,

- Contact your Sawyer County Veterans Service Office to obtain certification of your veteran status for the identifier.

**CONTACT SAWYER COUNTY
VETERAN SERVICE OFFICE
AT (715) 634-2770**

5TH ANNUAL TIMBER GRILL HOGFEST



Join us on Saturday, August 11, 2018 from 5-9 p.m. for a Squealing Great Time at the 5th Annual HOG FEST at Red Schoolhouse Wines in Stone Lake. The Timber Grill will be smokin' up a variety of locally grown pork roasts, hams, sausages, and all favorite pulled, which will be served along with a choice of tasty sides and desserts. Price is \$15 each, with all profits benefiting the older adult programs that the SRC provides throughout Sawyer County for ages 60+ and their caregivers, which includes senior meals and Meals on Wheels. Also, from 5-9 p.m., listen and dance to some boot kickin' music that will be provided by the locally known band, "Larry's Drifters".

Hatha Yoga



with Mary Jo Jirik

**6 Classes of Hatha Yoga offered at the
Hayward Senior Center (4) and Round Lake Town Hall (2)
with Mary Jo Jirik**

Hatha Yoga is a very gentle style of yoga that combines stretching (postures) with breathwork and meditation to connect you to all parts of yourself. A few of the many benefits include improved flexibility, mobility, strength, circulation, relaxation, balance and energy. Yoga helps to bring awareness and trust to your body, calmness to your restless mind and joy to your spirit. As always, please check with your physician before starting this or any other exercise class. Please bring mat, strap, 2 yoga blocks and blanket to Round Lake classes. Supplies provided at the Hayward Senior center.

Register and pay through Wisconsin Indianhead Technical College

- Online at witic.edu/search
- In person at WITC-Campus in Hayward (15618 Windrose Ln)
- By phone using credit card - 715-634-5617

Class	Class #	Dates	Time	Fee
Senior Center	24274	Tu 5/1- 6/5/18	8:30-9:30 a	\$30/\$17.25
Senior Center	24275	Tu 5/1- 6/5/18	4:30-5:30 p	\$30/\$17.25
Senior Center	24276	Th 5/3- 6/7/18	8:30-9:30 a	\$30/\$17.25
Senior Center	24277	Th 5/3- 6/7/18	10:00- 11:00 a	\$30/\$17.25
Round Lake	24282	Mo 4/30- 6/11/18	9:00- 10:00 a	\$30/\$17.25
Round Lake	24283	We 5/2- 6/6/18	9:00- 10:00 a	\$30/\$17.25
Senior Center	TBD	Tu 6/19- 8/7/18	8:30-9:30 a	TBD
Senior Center	TBD	Tu 6/19- 8/7/18	4:30-5:30 p	TBD
Senior Center	TBD	Th 6/21- 8/9/18	8:30-9:30 a	TBD
Senior Center	TBD	Th 6/21- 8/9/18	10:00- 11:00 a	TBD
Round Lake	TBD	Mo 6/18- 8/6/18	9:00- 10:00 a	TBD
Round Lake	TBD	We 6/20- 8/8/18	9:00- 10:00 a	TBD

Addresses:

Hayward Senior Center, 18956 5th St, Hayward

Round Lake Town Hall, 10625N County Rd A, Hayward

Cranberry Cafe News Continued from Page 4

fresh garden items and other miscellaneous items.

Stacy Kolkind from the ADRC will be at the Senior Center on the first Tuesday of each month. Stacy is the new Elderly Benefits Specialist for Sawyer County. She can be reached at 1-866-663-3607, if you are unable to be here on that day and have a question on elderly benefits.

Evening Meals have begun the for the season. Meals being at 5:00 pm and this year we have a salad bar set up to go with your meal or you can just have the salad bar for your meal. Breakfast is still being served with Chris's famous omelets being served twice during the month on a Wednesday. Be sure to check the menus in the COMPASS for the breakfast, lunch and evening meal menu.

I have been asked by a member of the Stone Lake Chamber to inquire if anyone has a picnic table that they are not using and would be interested in donating to the Chamber. They will paint the tables a bright red and put them in different locations in Stone Lake so that visitors can sit and enjoy the area. If you have a table, you are willing to donate call Connie Shield at 715-865-4840 to arrange a pickup.

June 21st is the Annual Stone Lake Ladies night. This is a Chamber event where local businesses offer discounts and giveaways, door prizes, wine, food, and so much more.

**HAVE A GREAT SPRING
AND SUMMER!**



Sawyer County Compass

*The Official Newsletter of the Sawyer County
Senior Resource Center*

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For advertising rates or more information contact Sue Johnston:

Advertising: gazetteads@centurytel.net

Editor: saj@sawyercountygazette.com



What's for Dinner?

May & June Tuesday Evening Menus at Hayward and Stone Lake Centers

HAYWARD

MAY

May 1st
CLOSED

May 8th
BBQ Rib
Baked Potato
Salad Bar/Broccoli
Blonde Brownie

May 15th
Pepper Steak
Over Rice
Salad Bar/Cauliflower
Apple Crisp

May 22nd
Baked Chicken
Baked Sweet Potatoes
Salad Bar/Peas
Oatmeal Raisin Cookies

May 29th
Build a Burger w/fixings
Oven Fried Red Potatoes
Salad Bar
Strawberry Short Cake
w/Whipping Cream

JUNE

June 5th
Breaded Pork Chop
Scalloped Potatoes
Salad Bar/Buttered Carrots
Chocolate Cake

June 12th
Meatloaf
Mashed Potatoes & Gravy
Salad Bar/Beets
Yogurt & Fruit Parfait

June 19th
BBQ Chicken
Potato Salad
Salad Bar/Corn on the Cob
Lemon Bars

June 26th
Italian Spaghetti w/Meatballs
Salad Bar/Green Beans
Cheese Cake w/Fruit topping

*All meals include
bread & milk
Served Tuesdays at 5:00 p.m.

*Call: 715-634-3000
to make a reservation*

STONE LAKE

MAY

May 1st
CLOSED

May 8th
BBQ Ribs
Salad Bar/Fruit
Potato Salad
Baked Beans
Corn Muffin
Ice Cream

May 15th
CLOSED -
Stone Lake Homemakers
Salad Supper

May 22nd
Pork Roast
Roasted Red Potatoes
Apple Sauce/Salad Bar
Carrots
Chocolate Cake

May 29th
Lasagna
Salad bar/ Green Beans
Fruit Salad
Chocolate Mousse

*All meals include
bread & milk
Served Tuesdays at 5:30 p.m.

JUNE

June 5th
BBQ Chicken
Sidewinders
Mixed Vegetables
Salad Bar/Fruit
Hot Fudge Sundaes

June 12th
Meatloaf
Mashed Potatoes/Gravy
Carrots/Salad Bar
Banana Cream Pie








June 19th
Salisbury Steak
Noodles
Salad Bar/Jell-O w/Fruit
Broccoli, Cauliflower Blend
Corn
Dessert

June 26th
Pork Cutlet
Sweet Potatoes
Roasted Brussel Sprouts
Salad Bar/Applesauce
Strawberry Short Cake

*Call: 715-865-2025
to make a reservation*

May 2018

Age 60+ suggested donation \$3 breakfast, \$4 lunch, \$5 dinner. Under 60 charges of \$5 breakfast, \$8.50 lunch, \$8.50 dinner. Salad Bar – (1) Trip for with Meal included at regular cost.
Salad Bar Alone All-You-Can-Eat same cost as meal.

Monday	Tuesday	Wednesday	Thursday	Friday
		2 Baked Fish, Roasted Baby Red Potatoes, Caribbean Blend Vegetables, Dinner Roll, Blueberry Parfait, & Milk	3 Pork Roast, Mashed Potatoes & Gravy, Baked Squash, Annie's Apple Dessert, Marble Rye Bread, & Milk	
7 Scalloped Potatoes w/Ham, Green Peas, Mandarin Oranges, Ice Cream, Bread, & Milk	8 Build a Burger Bar along with Salad Bar, Dessert, & Milk	9 Liver w/sautéed Onions & Bacon, Red Potatoes, Carrots, Fresh Fruit, Bread, & Milk	10 Salmon, Roast Brussel Sprouts, 3 Bean Salad, Peaches, Dinner Roll, & Milk	11 MOTHER'S DAY Chicken Almond Salad w/ Croissant or Ciabatta, Chips, Veggies & Dip, Strawberry Shortcake, & Milk
14 Meatloaf w/Garlic Smashed Potatoes, Corn, Pretzel Salad, WW Bread, & Milk	15 Turkey Brats on Bun w/Sauerkraut, Salad Bar, Dessert, & Milk		17 Roasted Chicken, Italian Pasta w/Vegetables, Beets, Fresh Fruit, & Milk	18 BBQ Ribs, Potato Salad, Baked Beans, Cornbread w/Honey Butter, Fruit Parfait, & Milk
21 Beef Stroganoff, Egg Noodles, Cauliflower/Broccoli, Cucumbers, Snicker Salad, WW Bread, & Milk	22 Homemade Pizza, Salad Bar, Dessert, & Milk	23 Roast Beef, Mashed Potatoes w/Gravy, Green Beans, WW Bread, Fruit Pie, & Milk	24 Grilled Ham Steaks, Sidewinder Potatoes, Coleslaw, Bread, Berry Cheesecake Salad, & Milk	
	29 Pulled Pork on a Bun, Salad Bar, Dessert, & Milk	30 Turkey Meatballs w/Spaghetti, Side Salad, Garlic Bread, Applesauce Brownies, & Milk	31 Italian Beef on a Bun, Chips, Pickles, Carrots, Frozen Yogurt w/Fruit & Milk	

For Reservations call: **Stone Lake:** (715) 865-2025 **Winter:** (715) 266-2233

Exeland: (715) 943-2990 **Hayward/Spider Lake/Vets Center:** (715) 634-4680

Alternative Meals are available upon request. Please contact your site manager at least one day in advance.



Pat Clough enjoys the library at Water's Edge.
-Photo by Kathy Hanson

Water's Edge

Continued from Page 1

idences, they were eager to tell me.

Bernadette started with the food, especially the soups and desserts, which she said are in abundance and delicious.

When asked if there were any surprises when they moved in, Bernadette said there really were no surprises. Pat and Marge did say they are amazed at the kindness and caring they observe and receive, and Dorothy said she came here from a 100+ bed facility in Michigan where the food was cold and no one cared. She said it's like day and night being at Water's Edge compared to that facility.

The ladies have a lot of choices in how they spend their days. Pat still drives her own car but they are all able to take advantage of the Water's Edge bus or the Namekagon Transit. They go to church, Walmart and the occasional trip to the casino.

All the units have decks or patios so tenants can enjoy the outdoors from their own apartments, and there is Bingo, card games, happy hour and, of course, the Bistro.

The Water's Edge opened in 2011 with maximum capacity for 40 tenants (assuming two people per unit.) There are 20

apartments and right now 15 are occupied. The average age of a tenant is 89.

Cherie Morgan, Marketing Director, talked about the new 23, 567-square foot addition being built, which will open in July. Morgan said it will be both independent and assisted living and add another 20 apartments to the building. "There will be a much bigger exercise area, wellness center/community room and new library. There will also be garages for the tenants," Morgan said.

Staffing will gradually increase, adding additional Certified Nursing Assistants to the Water's Edge staff to care for and provide service to the additional tenants, Morgan said.

A joint Community Open House/Business After 5 is scheduled Sept. 27, 2018. Details will follow at a later date.



Marketing Director Cherie Morgan has been with Water's Edge for nine years in July.

-Photo by Kathy Hanson.



A designated area off the dining room is used for Happy Hour and television. -Photo by Kathy Hanson



A screen shot of the new addition for Water's Edge shows the large second floor fitness center space. -Photo by Kathy Hanson



I ~~used~~ to play with my grandson.

Orthopedic Clinic Opening Soon in Hayward

You don't have to live with pain and chronic discomfort that prevents you from doing the things you used to do. Let our team help you get back to being yourself. Call today.



Call for an appointment.

No referral needed:

715-934-4850

haywardmemorialhospital.com

Orthopedic Clinic of HAMH

11040 N State Rd. 77

Hayward, WI 54843

June 2018

Age 60+ suggested donation \$3 breakfast, \$4 lunch, \$5 dinner. Under 60 charges of \$5 breakfast, \$8.50 lunch, \$8.50 dinner. Salad Bar – (1) Trip for with Meal included at regular cost.
Salad Bar Alone All-You-Can-Eat same cost as meal.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Orange Chicken Stir Fry w/Vegetables, Rice, Egg Roll, Fortune Cookie, Tropical Fruit Salad, & Milk
4 Pork Chop w/Vegetable Stuffing, Corn, Rye Bread, Spiced Apple Slice, & Milk	5 Fish Sandwich on a Bun, Salad Bar, Dessert, & Milk	6 Baked Chicken Breast, Rice Pilaf w/Sweet Red Peppers, Spinach Salad w/Fruit, Bacon & Poppy Seed Dressing, Bread Pudding, & Milk	7 BBQ Ribs, Baked Potato, Green Beans, Fresh Fruit, Dinner Roll, Chocolate Cake, & Milk	8 Lasagna, Broccoli Salad, Breadstick, Pears, & Milk
11 Chop Suey, Rice, Egg Roll, Fresh Fruit, Fortune Cookie, & Milk	12 Chicken Cordon Bleu Sandwich, Salad Bar, Dessert, & Milk		14 FLAG DAY Open Faced Beef Sandwich w/Mashed Potatoes & Gravy, Glazed Carrots, Red/White/Blue Fruit Salad, & Milk	15 FATHER'S DAY Grilled Burger or Hotdog, French Fries, Sweet Corn, Melon, Dad's Root Beer Float, & Milk
18 Meatballs, Mashed Potatoes w/Gravy, Green Beans, Dinner Roll, Rhubarb Dessert, & Milk	19 Sloppy Joe on a Bun, Salad Bar, Dessert, & Milk	20 Baked Chicken, Sweet or Baked Potato, Asparagus, Cranberries, WW Bread, Better than Sex Cake, & Milk	21 Baked Fish, Sidewinder Fries, Coleslaw, Tomatoes, Corn Bread, Cookie, & Milk	22 Ham Steak, Scalloped Potatoes, Caribbean Blend Vegetables, Hawaiian Cheesecake Salad, Hawaiian Sweet Roll, & Milk
25 Finger Licken' BBQ Chicken, Corn on the Cob, 3 Bean Salad, Fruit, Dessert, & Milk	26 Build a Brat w/Bun, Salad Bar, Dessert, & Milk	27 Spaghetti w/Meat Sauce, Side Salad, Garlic Bread, Fruit, Lemon Bar, & Milk	28 Liver & Onions OR Request Alternative, w/Sautéed Bacon & Onions, Bacon Pea Salad, Fruit Pie, & Milk	29  CHEF'S CHOICE

For Reservations call: **Stone Lake:** (715) 865-2025 **Winter:** (715) 266-2233

Exeland: (715) 943-2990 **Hayward/Spider Lake/Vets Center:** (715) 634-4680

Alternative Meals are available upon request. Please contact your site manager at least one day in advance.



What's for Dinner?

May & June Tuesday Evening Menus at Exeland and Winter Centers

EXELAND

MAY

May 1st
CLOSED

May 8th
BBQ Ribs
Baked Potato
Salad bar
Fruit Salad

May 15th
Meatballs
Mashed Potatoes & Gravy
Salad Bar
Blonde Brownie

May 22nd
Turkey
Mashed Potatoes
Dressing w/Gravy
Cranberries
Salad Bar
Pumpkin pie

May 29th
BBQ Ribs
Baked White or Sweet Potato
Salad Bar
Fruit Cobbler

JUNE

June 5th
Baked Chicken
Mashed Potatoes w/Gravy
Salad Bar
Fresh Fruit

June 12th
CLOSED

June 19th
Beef Tips in Gravy over
Rice or Noodles
Salad Bar
Cookie

June 26th
BBQ Ribs
Baked White or Sweet Potato
Salad Bar
Cake

*All meals include
bread & milk
Served Tuesdays
at 5:30 p.m.

*Call: 715-943-2990
to make a reservation*

WINTER

MAY

May 1st
CLOSED

May 8th
Roast Beef
Mashed Potatoes w/Gravy
Buttered Peas & Carrots
Strawberry Shortcake

May 15th
Pork Chops
Baked Potato w/Sour Cream
Buttered Corn
Pineapple Upside Down Cake

May 22nd
Baked Chicken
Stuffing
Mashed Potatoes w/Gravy
Green Beans
Rhubarb Crisp

May 29th
Baked Ham
Scalloped Potatoes
Buttered Cauliflower Mix
Chocolate Cake
Ice Cream

JUNE

June 5th
BBQ RIBS
Baked Potato w/Sour Cream
Mixed Vegetables
Dessert

June 12th
Lasagna
Garlic Bread
Fruit Bowl
Dessert

June 19th
BBQ Chicken
Potato Salad
Bread
Fresh Fruit Pizza

June 26th
Meat Loaf
Baby Reds
Creamed Corn
Blueberry Cheese Cake

*All meals include bread & milk
Served Tuesdays
at 5:00 p.m.

*Call: 715-266-2233
to make a reservation*

EBS News**Continued from Page 13**

resources available and benefits they are entitled to.

The ADRC-N provides advocacy, information and access to services and opportunities that support independence and individual choice. It is a no-cost, single point of contact for information and assistance to residents of Sawyer County. It provides information and assistance in accessing benefits and services for adults and families relating to aging, physical and developmental disability, mental health or substance abuse. The ADRC-N is also the one stop shop for accessing Wisconsin's Long Term Care Programs, FamilyCare and IRIS. Specialists are available to answer questions about planning for an individual's long term care needs. It can assist with understanding the care options and explaining eligibility for publicly funded programs.

In addition to hosting the EBS, the ADRC-N is the home of Sawyer County's Disability Benefit Specialist. Much like the EBS the DBS provides information about and assistance with benefit programs. The DBS works with adults 18-59 who have a disabling condition.

For more information about services or to schedule an appointment please call 866-663-3607 to talk with an Information and Assistance Specialist. The ADRC-N office hours are Mon- Fri 8-11:30 a.m. and 12:30-4 p.m. Home visits can also be arranged for residents who are homebound or have transportation issues. Although Stacy's office has moved, she will continue to visit the Senior Centers and meal sites each month. She invites elders to contact her with ideas for topics of discussion. Stacy can be reached by mail at: ADRC-N, Attn: Stacy Kolkind, 10610 Main Ste 224, Hayward, WI, 54843. E-mail suggestions can be sent to: adrc@sawyerhs.hayward.wi.us Attn: EBS. Please do not send personal information via e-mail. Please call 866-663-3607 for a referral to the EBS.

EBS MONTHLY SCHEDULE:

Stone Lake: 1st Tuesday of each month

Exeland: 2nd Tuesday of Each Month

Winter: 3rd Tuesday of Each Month

Hayward: 4th Tuesday of Each Month

Spider Lake: 3rd Monday of each month

Trainings, other mandatory events and weather may occasionally disrupt the calendar; clients are encouraged to call 866-663-3607 to schedule an appointment.

One in four people age 65 or older has a fall each year.



Don't be one of them!

Take a Stepping On Workshop!

Stepping On can help you avoid a dangerous and costly fall so you can keep doing the things you love to do. In just seven weeks, you'll learn:

- ▶ To identify and remove or avoid fall hazards both inside and outside your home
- ▶ How vision, hearing, medication, and footwear affect your risk of falling
- ▶ Strength and balance exercises you can adapt to your individual level
- ▶ To get back on your feet the right way if you do fall



Stepping On has been researched and proven to reduce falls by 30%!

Join Us for Stepping On!

Where: Senior Resource Center

15856 E. 5th Street, Hayward

When: June 12th (Tuesdays from June 12-July 24th) from 10:00-noon

Suggested Donation: \$25

To register: call Jodi Olney at the Senior Resource 715-634-3000 or stop in to register

Sponsored by

Senior Resource Center

Lac Courte Oreilles Elder Center

CAREGIVER SUPPORT...

Music Can Enhance Your Life



“Let me call you sweetheart, I’m in love with you. Let me hear you whisper that you love me too. Keep the love-light glowing in your eyes so blue. Let me call you sweetheart, I’m in love with you.”

Reading the words of a song you love can stir up some wonderful feelings. Hearing the song from the first dance on your wedding day can take you back in time. And what about the emotions you feel while listening to the war songs that were so popular when you or your spouse were serving in the war.

Music is a powerful tool in so many ways. Whether you need to reduce

stress, relieve loneliness, or are looking for a way to connect with a loved one, music can be a curative answer for both the caregiver and the one being cared for.

Listening to music can be enjoyable and beneficial for anyone. Hearing music from your youth promotes memory and opens the window to laughter or tears. Caregiving brings about a wide range of emotions including joy, sadness, frustration and guilt. Music reaches into your soul like nothing else, bringing to the surface those feelings that are often unnamed. Releasing pent up emotions through music can be healing and renewing.

to remember the “good old days.” The goal isn’t to impress anyone, just to express yourself and have fun. Making music for or with a grandchild can also be a delightful activity. And for the person who has never played an instrument before, beating on a drum or shaking a tambourine to some music can be fun as well as relieve stress.

Try enhancing your life by adding music to your day. Turn on some upbeat music in the morning to get you going. Try something familiar and relaxing during mealtimes. Find your old favorites to enjoy with a loved one for an extra special afternoon, then listen to soft, slow music in the evening to help prepare for a good night’s sleep.

So, dig up those old songbooks, find a good radio station or ask your grandchild to look up your favorite songs online and see where the music takes you.



Music can reach a person whose ability to communicate is affected by dementia, stroke or other disease. Listening to favorite songs with your loved one is a wonderful way to share time together. Music helps a person feel calm and relaxed, reduces stress and promotes wellness. Playing soothing music during a meal might increase the amount eaten, or make unpleasant tasks, such as bathing or grooming, more bearable.

For the past or current performer, playing an instrument or singing offers a way to express feelings that are hard to put into words. Picking up an instrument or singing out loud is fun and is a great way



Jane Mahoney

*Older American’s Act Consultant
Greater Wisconsin Agency on Aging Resources*

Senior Resource Center Activities & Events

715-634-3000 • MAY/JUNE 2018 • 8:00 a.m. to 4:00 p.m.

Monthly Happenings	Day	Time	Place
Alzheimer's Day Respite	Call 715-634-3000	Contact Jodi Olney	Lower Level
Caregiver Support Group	2 nd Tuesday of each month	1:00 p.m. – 2:30 p.m.	Lower Level
Bridge Group	Wednesdays	9:00 – 12:00 a.m.	Lower Level
Cribbage	Tuesdays & Thursdays	1:00 p.m.	Upper Level
Lunch Meals - 12:00 noon	Monday-Friday each week	Reservations See Menus	Upper Level
Evening Meal	Tuesdays	Reservations See Menus	Upper Level
Gin Rummy	Mondays	10:00 – 11:30 a.m.	Upper Level
Pinochle & 500	Mon - Wed – Sat each week	1:00 p.m.	Upper Level
Dominos	Thursdays	1-3:30 p.m.	Upper Level
Senior Resource Center Bingo	Fridays	1:00 p.m.	Upper Level
Foot Care Clinic	Call Holly Duffy	715-699-9987	Lower Level
Spider Lake Meals	Mondays & Thursdays	12:00 noon	Spider Lake Church
Hayward Veterans Center Meals	Noon – M-F by Reservation	Reservations See Menu	Vets Center
Progressive Bingo	<u>Thursdays</u> - Doors open with food being served at 5:00, Early Birds 6:15, Regular Session 7 p.m.		Upper Level
Weight Watchers	Thursdays	5:30 – 7:00 p.m.	Lower Level
Technology Classes Stone Lake	Call 715-865-4940 for Appt.	Call For Appt.	Cranberry Café
Technology Classes Hayward	Tuesdays through end of May	10:00 a.m. - Noon	Lower Level
Art Group ALL Mediums Welcome	Fridays	10:00 a.m. – Noon	Lower Level
Northwood's Carving Club	2 nd Saturday Each Month	10 a.m. – 4:00 p.m.	Lower Level
Gift Shop Hayward	Monday – Friday each week	8:30 a.m. – 4:00 p.m.	Entry Upper Level
Duplicate Bridge	May-Oct Wednesday evening	6:00 p.m.	Lower Level
CLOSED Meal Sites	Tuesday, May 1, 2018	Nutrition Staff Training	Meal Sites
ADVOCACY DAY MADISON	Wednesday, May 16, 2018	ALL DAY	The Capital
Activities/Speakers	Day	Time	Place
WITC Hatha Yoga w/Mary Jo	Tuesday's	8:30-9:30am/4:30-5:30pm	Lower Level
WITC Hatha Yoga w/Mary Jo	Thursday's	8:30-9:30am/10:00-11:00am	Lower Level
Stepping On for Balance	Tuesday's 6/12-7/24	10:00-Noon	Lower Level
AARP Meeting 1:00 pm Hayward	Thursday, May 3, 2018	Mtg/Citizens Climate Lobby	Upper Level
AARP Meeting 1:00 pm Hayward	Thursday, April 5, 2018	Mtg/Local Edible Plants	Upper Level
Cinco De Mayo Parties	Friday, May 4, 2018	Starting 11:30	Meal Sites
Mother's Day Parties	Friday, May 11, 2018	Starting 11:30	Meal Sites
Memorial Day Cookouts	Friday, May 25, 2018	Starting at 11:30	Meal Sites
Father's Day Parties	Friday, June 15, 2018	Starting at 11:30	Meal Sites
Monthly Meetings	Day	Time	Place
Hayward Advisory Committee	1 st Wednesday	10:00 a.m.	Upper Level
AARP Board Meeting	1 st Thursday	1:00 p.m.	Upper Level
Senior Resource Center Board	Wednesday, May 9, 2018	1:00 p.m.	Winter WALDO Center
Senior Resource Center Board	Wednesday, June 20, 2018	1:00 p.m.	Exeland Crossings Diner

*Avocado, Shrimp,
Spinach and
Mango Salad*



A rich avocado dressing tops this salad of fresh spinach, mangos, and shrimp, perfect for a party or a simple family summer supper. This Heart-Check Certified recipe is brought to you by Hass Avocado Board.

1/2 lb. medium shrimp, deveined, peeled and cooked
2 ripe, fresh avocados (halved, pitted, peeled, sliced, divided)
1/4 cup salsa verde, homemade or store-bought
2 tablespoons water
2 tablespoons fresh lime juice
1 tablespoon honey
1/4 teaspoon ground cayenne pepper
1 cup diced cucumber
1 cup chopped mango
3/4 cup diced sweet pepper
1/2 cup chopped cilantro leaves
1 bag (10 oz.) baby spinach leaves

PREPARATION

1. Place one half of one avocado, water, salsa verde, lime juice and honey in a blender.
2. With the blender on puree setting, blend until smooth.
3. In a large bowl, combine the shrimp, cucumber, mango, red pepper and cilantro.
4. Divide spinach and remaining avocado onto six plates, top with shrimp mixture and drizzle with dressing.

2 cups Serving size. 160 Calories, 1.0 g Sat. Fat, 330 mg Sodium • 6 Servings

STONE LAKE BREAKFAST MENU

Served Weekdays 8 a.m. to 10 a.m.

MAY

- 1) CLOSED-STAFF TRAINING
- 2) Sausage Gravy & Biscuits, Scrambled Eggs, Oatmeal
- 3) Scrambled Eggs, Polish Sausage, Potato Pancakes
- 4) Veg. Scrambler, Sausage Links, Hash Browns, Cr. of Wheat
- 7) Baked Eggs, Ham, Waffles
- 8) Scrambled Eggs, Bacon, French Toast
- 9) Build an Omelet, Raw Fries, Oatmeal
- 10) Scrambled Eggs, Sausage Links, Pancakes
- 11) Breakfast Sandwich, Hash Browns, Oatmeal
- 14) Scrambled Eggs, Polish Sausage, Raw Fries
- 15)) Scrambled Eggs, Sausage Patties, Potatoe Pancakes
- 16) Sausage Gravy & Biscuits, Scrambled Eggs, Oatmeal
- 17) Scrambled Eggs, Bacon, Blueberry Pancakes
- 18) Corned Beef Hash, Baked Eggs, Cream of Wheat
- 21) Scrambled Eggs, Ham, Waffles
- 22) Scrambled Eggs, Sausage Links, French Toast
- 23) Build an Omelet, Raw Fries, Oatmeal
- 24) Scrambled Eggs, Bacon, Blueberry Pancakes
- 25) Breakfast Burrito, Hash Browns, Baked Oatmeal
- 28) CLOSED-MEMORIAL DAY
- 29) Scrambled Eggs, Sausage Patties, Pancakes
- 30)) Sausage Gravy & Biscuits, Scrambled Eggs, Oatmeal
- 31) Baked Eggs, Polish Sausage, Raw Fries

JUNE

- 1) Vegetable Scrambler, Ham, Hash Browns
- 4) Scrambled Eggs, Bacon, French Toast
- 5) Scrambled Eggs, Sausage Patties, Waffles
- 6) Build an Omelet, Raw Fries, Oatmeal
- 7) Scrambled Eggs, Sausage Links, Potato Pancakes
- 8) Breakfast Sandwich, Hash Browns, Oatmeal
- 11) Scrambled Eggs, Polish Sausage, Raw Fries
- 12) Scrambled Eggs, Ham, Blueberry Pancakes
- 13) Sausage Gravy & Biscuits, Scrambled Eggs, Oatmeal
- 14) Scrambled Eggs, Sausage Patties, Waffles
- 15) Corned Beef Hash, Baked Eggs, Cream of Wheat
- 18) Scrambled Eggs, Sausage Links, Potato Pancakes
- 19) Scrambled Eggs, Bacon, French Toast
- 20) Build an Omelet, Raw Fries, Oatmeal
- 21) Baked Eggs, Sausage Patties, Pancakes
- 22) Breakfast Burrito, Hash Browns, Baked Oatmeal
- 25) Scrambled Eggs, Bacon, French Toast
- 26) Scrambled Eggs, Ham, Waffles
- 27) Sausage Gravy & Biscuits, Scrambled Eggs, Oatmeal
- 28) Scrambled Eggs, Sausage Links, French Toast
- 29) Veggie Scrambler, Polish Sausage, Hash Browns, Cr. of Wheat

*** Breakfast Includes: Fruit, Pastry, Toast, Coffee, Hot Chocolate, Juice (V-8 & Orange), Milk



Totally Pawesome! Cutie, the New Dog on Staff



Jim Carson and Cutie are familiar faces at the Senior Center. -Photo by Kathy Hanson

By Kathy Hanson, Compass Writer

There's a 15-pound, three-month old girl at the Sawyer County Senior/Resource Center and her name is Cutie.

She's an English Pointer mix, according to her owner Jim Carson, who adopted her from the Northwoods Humane Society.

Jim, 62, is the janitor/maintenance head, Bingo cook, and Timber Grill cook, driver and inventory specialist for the Sawyer County Resource Center.

Cutie—who was named by Linda Hand—is on her way to becoming the companion/therapy dog at the senior center.

"We start obedience classes on May 7," Jim said, adding that once that is completed Cutie will be certified and can officially be the mascot for the Sawyer County Senior/Resource Center.

Currently, Jim brings Cutie in one day a week for a visit. While he works she stays downstairs in her crate and bed.

It's been 11 years since Jim had a dog. "I had a hard time after Jinx died but I got lonely and decided to get another dog," Jim said.

Jim has been in Hayward for 25 years; previously he lived and worked in Chicago. He said he used to come up here on vacation to visit his grandpa and grandma, Al and Margaret Johnson, who lived 13 miles south of Grand View.

"I always loved Wisconsin and the woods," he said.

Cutie is catching on fast. She can sit, give paw, lie down and bark. Eventually she will grow to be approximately three times her current size, according to Jim.

She's already captured the hearts of people at the senior center. The rest is only a bark away.

I would like to make a contribution to the Senior Resource Center Aging Services and Older American Act Programs.

Please add my donation to the following program(s):

_____ Meal Program _____ Alzheimer's Respite _____ General Operating Fund

Name: _____

Address: _____

☐ I would like to be added to "The Senior Connection" mailing list. **{ \$5.00 - 1 year subscription }**

☐ I have included a donation in the amount of \$ _____.
(Checks made payable to the Senior Resource Center)

Thank you!

**We also accept Credit Cards – Please contact the Hayward Center at 715-634-3000 for more information

Please Return To:

The Senior Resource Center ~ 15856 E. Fifth St. ~ Hayward, WI 54843

We are a 501(c)(3) non-profit organization. Donations are tax deductible to the extent allowed by law.

MARCH FOR MEALS...

Thank you to all the volunteers, staff, community members, and donors that made this year's #MarchforMeals such a remarkable success. #fightinghunger #fightingisolation #SawyerCounty



Hayward HS FCCLA students Ally Krause & Anna Lathrop



Community Champion Kelly Westlund, NW Regional Rep. for Senator Tammy Baldwin, assisted in the kitchen at the Hayward site during March for Meals



Hayward Site Manager Barb Applebee with granddaughter Ella, enjoying the Spring Style Show together. June will mark 25 years of dedicated service to the Senior Resource Center, serving older adults in Sawyer County.



Hayward HS FCCLA students Jared Carley, Killian Phillips, and Meals on Wheels driver, Joe Conover.



The Hayward Community Food Shelf donated 100 Emergency Food boxes that held a total of 900lbs of food that will be delivered to Sawyer County Meals on Wheels recipients in time for tornado season. Each box contains a 3-day food supply that is shelf stable, easy to open, and can be eaten cold in case of a power outage.



Grete Schuentzel, Donna Dreczko, Shirley Wallace, and Susan Bond Gold volunteers for the SRC.



Hayward HS FCCLA students Abby Drabek, Madeline Kuehl, Rachel Halberg, MOW Driver John Moreland, and recipient Mrs. Danczyk



The Spring Style Show is the major fundraiser and March for Meals event of the year. This year's theme was "Be Our Guest" with a Northwood's twist on Beauty & the Beast. Darby Hand playing the Beast and SRC Secretary, Michelle Pederson, playing Belle.



The Style Show is not only a fundraiser, but also a social event for local residents to get together in a grand atmosphere and just have a wonderful afternoon.

WITH MEALS ON WHEELS



Behind the scenes volunteers were recognized for their assistance in preparing the models for the show, which included staff from regional Walgreens stores led by Hayward Beauty Consultant Melissa providing make-up, Erin Butterfield with Stella & Dot jewelry, Karen Boylan dressing room manager, and fashion consultant Sue Scheer from Mainstream Boutique.

THE VOLUNTEER CAST FOR BEAUTY & THE BEAST OF THE NORTHWOODS:
Back Row – Emcee Derek Hand, The Beast Darby Hand, Belle Michelle Pederson Belle, Lumiere Jason Moselle, The Enchantress Jeanne Hornak, Mrs. Potts Ashley Conover. Front Row - Babette Jule Hand, Gaston James Hornak, LeFou Matt Clark, Frou Frou Jersey Hall, and last but definitely not least Chip Ryder Hetrick.



Above, Cookie Bonicatto & Jason Moselle playing character Lumiere, dance to the Finale song "Tale as Old as Time".

At left, numerous Silent Auction items were donated by businesses throughout Sawyer County to raise money for the SRC programs and Meals on Wheels.



Clockwise, beginning at upper left, Tom Duffy, Sr. and bride Carol modeled clothing for local stores Legend's of the Celts and Mainstream Boutique.

Thank you once again to the Exeland Trout Fest Royalty for assisting with set-up, raffles, and modeling at the Spring Style Show. You are one class act representing Sawyer County.

Joe Conover, MOW Driver, playing the character Cogsworth, escorts model Carol Stone who shined in fashions from Sophie's Splendid Things and Legend's of the Celts.



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IMMEDIATE OPENINGS

Come in for a Tour!

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